

# STM

Thursday, August 27, 2009

[www.stmbengals.org](http://www.stmbengals.org)



## THESE HAND OUTS ARE COMING HOME TODAY

STM Morning Walk Club -flier- PreK-8<sup>th</sup> O/O  
STM Girl's Night Out Golf -flier- PreK-8<sup>th</sup> O/O  
Douglas County Health Update PreK-8<sup>th</sup>  
Gross Catholic 5K and Kids Run -PreK-8<sup>th</sup> O/O  
OPS Swim Registration - flier - PreK-8<sup>th</sup>

## IMPORTANT DATES TO REMEMBER

Aug. 28 - popsicles on the playground  
Sept. 2 - Curriculum Night for K-8<sup>th</sup> grades - 7pm

## CURRICULUM NIGHT

Each year following Sneak-A-Peek Night, we make ready for our next opportunity to welcome parents, Curriculum Night. This year Curriculum Night is on Wednesday, September 2<sup>nd</sup> at 7p.m. This night is an opportunity for parents to meet teachers and become familiar with their students' educational program for the coming year. Your active participation at this event helps to forge the strong link between home and school- so important to your child's success. Please mark your calendars now and don't miss this event.

## NEBRASKA FEDERATION OF CATHOLIC SCHOOL PARENTS

By joining the NFCSP organization, each family will receive 3 parent participation hours and each student will receive a free dress-down day (to be announced). Many families have already sent in their registrations, the deadline to send them in is Friday, Aug. 28<sup>th</sup>.

## PARENT PARTICIPATION PROGRAM

Every family who sent in their NCSFP enrollment form and \$3 payment should remember to record 3 hours of service onto a Parent Participation Program Form. Forms can be found in the school office or on the STM website @ [stmbengals.org](http://stmbengals.org). There are many opportunities to earn hours. You can send in recorded PPP hours to the school office at any time. Please don't hesitate to ask questions about this program. Thank you all for your service to our children and our school.

## MORNING WALK CLUB

Please see the flier coming home today about the Morning Walk Club. We are looking for adult volunteers to help supervise and walk with students; this is a great opportunity to earn more Parent Participation hours. Call Tammie Kruszcak @ 932-4240 for information.

## HOME AND SCHOOL

Everyone is welcome to join us for a Home and School meeting on Monday, August 31<sup>st</sup> at 6:00pm in the Religious Ed Room. We will be discussing our plans & goals for the 2009/10 school year. This is a great opportunity to get involved and to earn an hour PPP.

## LUNCH MENU AND CALENDAR

The September lunch menu and calendar will be coming home on Monday, Aug. 31<sup>st</sup>. Please be watching for it in your students backpack.

## CUBSCOUT SIGN UPS

Join the Cub Scouts! Signup night is Thurs., August 27<sup>th</sup> from 5-7pm in the STM Cafeteria.

### SUMMER IS 4 READING

Last May each child in grades 1<sup>st</sup>- 6<sup>th</sup> was given a Scholastic "My Reading Record". On this sheet they were to record anything they read during the summer. This was done to teach responsibility and promote reading. Any student returning this sheet to the Library during the week of August 31<sup>st</sup> will receive a Reading Achievement Award. See Mrs. Jankowski if you have any questions.

### FREE AND REDUCED LUNCH

All applications that were correctly completed for the Free and Reduced Lunch Program have been processed, and notices were sent home on Tuesday. If you are receiving free or reduced lunches because you qualified last year, you MUST complete a new application each year. Please return ASAP. Please note, you can apply for Free and Reduced Lunches at anytime throughout the year: if your income decreases, loss of job, etc. Thank you.

### CAN RECYCLING NEEDS HELP

The school depends on our pop can recycling program to cover the costs of many programs and contest entry fees for our students. From Spelling Bees to award certificates, this program helps us in so many ways. But our ever-trusty man in charge, Al Pfeiffer, needs some help immediately to transport our cans to the recycling center. Could you please offer your help? Without it the program is in jeopardy of canceling. Please call Al at 556-2568 and offer your help today. Our entire staff and students would greatly appreciate your help.

### SAFE ENVIRONMENT TRAINING

The Safe Environment Training is for anyone who wishes to volunteer with students in the classroom, on fieldtrips, coaching, leading a girls or boys club, etc. This training is required before you are able to volunteer with students. Parents, guardians, grandparents, friends & family are all welcome to take the training course. Once you are trained, your certification is good for 3 years. Dates, times and contacts are listed below.

Preregistration is required.

St. John Vianney - Thurs. 9/3 at 6:30pm - Contact Sr. Maritta @ 895-0896

St. Cecilia - Saturdays - (9/12, 10/10, 11/14 & 12/5) - Contact Joan @ 553-5524

### BACK TO SCHOOL BREAKFAST - KNIGHTS OF COLUMBUS

Please join us for a pancake breakfast featuring The Pancake Man on Sunday, Sept. 6<sup>th</sup> from 8:15-1pm in the STM Cafeteria. Cost is \$5 per person and a max of \$20 per family.

### VOX CHRISTI VOLUNTEERS TO SELL COFFEE

Need volunteer students to take orders for the sale of CoffeeXperts flavored coffees during the KOC Pancake Breakfast on Sunday, Sept. 6<sup>th</sup> from 8:15-1pm. This fundraiser helps support our Vox Christi activities throughout the year. If you are available to help, please contact Dr. Williby in the school office. Thank you.

### FREE CREIGHTON SOCCER TICKETS

Stop by the school office for a free coupon redeemable for two free general admissions tickets to the Creighton men's soccer game on Sat., Sept. 5<sup>th</sup> @ 7pm.

### THANK YOU FOR YOUR PRAYERS

I would like to take this opportunity to thank the members of St. Thomas More School and Parish who offered prayers and support during my husband's recent illness. A special thanks to Fr. Lewis and Fr. Kizito who visited him in the hospital and offered prayers for him at Mass. Also, thank you too my wonderful friends, the teachers and staff, who sent beautiful flowers. I am happy to report that Joe is home and doing well. Again, thank you all from the bottom of our hearts, and God bless. Mrs. Chytil.

# St. Thomas More Morning Walk Club

The STM Morning Walk Club is an important part of our school wellness plan. This year we will begin the Walk Club on Monday, August 31<sup>st</sup>. All students in grades K-8<sup>th</sup> are welcome to join. The Walk Club is held every morning from 7:30-7:45am, rain or shine. The children should meet in the school lobby at 7:30am and put their backpacks near the wall closest to the gym doors. After the walk students will be dismissed and should go directly to their class lines. To sign up for the Walk Club, please complete the section at the bottom of this form and return it to the school office.

**Research shows that this is the first generation that will have a shorter life span than their parents. Too much sugar, fat and salt are causes. What this generation is not doing enough of is EXERCISE.**

1. A mind-body connection creates the brain to receive more knowledge – this has a great effect on young children because they are still growing.
2. Creating a love of sports early produces active adults.
3. With regular vigorous exercise students do excel academically.
4. Active adolescents tend to feel less lonely, shy and hopeless.
5. Increased exercise reduces the rate of aggression and hyperactivity.

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We hereby consent to the participation of our child  
\_\_\_\_\_ in the STM Morning Walk Club.

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

Emergency Phone # \_\_\_\_\_



MAIL REGISTRATIONS (with fees) TO:

Missy Gates  
4730 B Street  
Omaha, NE 68106

\*Questions? Feel free to contact Missy Gates at 731-7376

\*\*Team Captain will be contacted with tee times.

The students of STM thank you for your support!

Registration Form

Registration deadline is Thursday September 3, 2009

Team  
Captain \_\_\_\_\_

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone # \_\_\_\_\_

**CHOOSE YOUR FOURSOME!**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**GOLF AND DINNER**

\$35.00 per person

QTY \_\_\_\_\_ @ \$35

**DINNER ONLY**

\$10.00 per person

QTY \_\_\_\_\_ @ \$10

Total enclosed \_\_\_\_\_